Bannerdale Osteopaths Support Crisis at Christmas Appeal

Bannerdale Osteopaths in Nether Edge welcome homeless people in from the cold this Christmas.

Sheffield based Bannerdale Osteopaths have given up their Christmas party this year in favour of supporting the Crisis at Christmas appeal.

They have donated the money they would have spent on their Christmas meal for each member of staff to the Crisis for Christmas appeal which aims to provide help, warmth and support to 4,700 people across the UK who have nowhere else to go this Christmas.

A cause close to their hearts, the directors of Bannerdale Osteopaths have supported this campaign for many years now, but since starting their own family last year they have realised how important Crisis actually is, especially at a time when many are settling down to enjoy the warmth and comfort of their own families in their own homes. The advice and support Crisis offers has helped thousands of people out of homelessness and on to whole new lives.

“At Bannerdale Osteopaths we like to think that we help people on a daily basis, but actually the work that they do over at Crisis takes this to a whole new level. For as little as £26.08 you can secure a place at the table for a homeless person this Christmas meaning that they get to enjoy a very small amount of what we all take for granted over the festive period as well as advice, healthcare, dental, accommodation and massage - things that we think everyone should have access to as a minimum.” Steven Ojari, Director, Bannerdale Osteopaths

The Crisis at Christmas Appeal runs throughout the UK and provides all of the following to homeless people over 9 days in December, all for as little as £26.08. To donate yourself, please go to https://www.crisis.org.uk.

- Hot, delicious, nutritious Christmas dinners for over 4,700 homeless people over nine days
- Advice on housing, benefits, finances, employment, as well as legal matters
- Healthcare, including TB and hepatitis screenings
- Dental treatment and eye tests, including glasses
- Hairdressing and massage treatments
- Learning and skills opportunities, internet cafés and IT workshops
- Specialist centres providing safe accommodation to rough sleepers, women and people with dependency issues
- PLUS access to Crisis’ year-round services for training and support in the year ahead.

- ENDS –

For more information about Bannerdale Osteopaths or the Crisis at Christmas appeal please contact Jade van Konijnenburg:

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Bannerdale Osteopaths Website: www.bannerdaleosteopaths.com

Crisis At Christmas Website:
https://www.crisis.org.uk/get-involved/reserve-a-place-at-crisis-at-christmas/?utm_source=google&utm_medium=cpc&utm_campaign=Brand%20(X)&utm_term=christmas%20in%20crisis&gclid=EAIaIQobChMIg5Cp2JHp1wIVRrvtCh3v1QpXEAAYASAAEgKrJPD_BwE

About Bannerdale Osteopaths:

Bannerdale Osteopaths in Sheffield is run by experienced local Osteopath Steven Ojari who provides a friendly relaxed environment for all patients.

Osteopathy is a safe and gentle form of therapy, suitable for adults, children and infants.

At Bannerdale Osteopaths we are here to treat and manage a wide range of conditions including back and neck pain, occupational and repetitive strain injuries and issues relating to pregnant and nursing mothers. We effectively treat many patients who can't (or don't want to) wait for an NHS physio referral, appointments are usually available within 24 hours. We also offer treatment for babies and children suffering all matter of complaints by using gentle non-invasive re-balancing techniques.

Our goal is to get you back to health as quickly as we can, using as few treatments as possible and we view a successful outcome by not seeing you again! That's not to say we will abandon you once you are starting to feel a bit better. You should leave with an understanding of why your condition has arisen and knowledge of what you can do to prevent re-occurrence. Exercises are in many instances very important too so we will attempt to find a few that work for you and your lifestyle to speed up your recovery and reduce the chances of you needing ongoing care.